



History of Homoeopathy

The name Homeopathy was coined by Samuel Hahnemann from two Greek words meaning "similar suffering" or "like cures like". This is a natural principle that has been known for thousands of years, but it was not until Hahnemann, a brilliant German doctor and chemist, began on a course of study and experimentation that led to the development of modern Homeopathy.



This principle of like curing like, or the law of similars, says that if a substance can cause harm to a healthy person in large or crude doses, then it also has the potential to cure the same problem in smaller doses by stimulating the body's own natural energy and enabling it to heal itself. Hahnemann considered that Homeopathic remedies acted dynamically; that the energy of the remedy stimulated the natural healing energy of the body.

About Homoeopathy

Homeopathy is a system of medicine that supports the body's own healing mechanism, using specially prepared remedies. It may be called energy medicine, in that it works with the body's own vital force to encourage healing and to ensure that all body systems are working at optimum levels.

Energy Medicine

The healing process can be compared to running a car. Cars these days are so efficient that, when we maintain them properly, give them the right fuel and drive them in a sensible manner, problems seldom arise. If however you forget to turn the lights off and the battery becomes a flat, the car is incapacitated and the only way to get the car moving again is to get a transfer of energy, to recharge the battery with energy. Homeopathy provides a recharge to our body's depleted energy when we are unwell. The energy sources of the Homeopathic remedies that are used in accordance with the law of similars so that the body can return to full health.

Homeopathic remedies

Homeopathic remedies are derived from plants, minerals and even some animal products. These remedies are prepared through a process known as potentisation that allows the subtle healing properties to be released. Modern physics tells us that our bodies, although seeming to be solid, are really just tense fields of energy. Any disturbance in our energy field can potentially give rise to disease. Homeopathic remedies are potentised forms of energy capable of rebalancing our energy fields. When our energy fields are back in balance our immune system and other body systems begin functioning normally again and health is returned.

For example, the homeopathic remedy Pulsatilla is made from the flowers of the Pasque flower, a perennial herb that has a striking, single dark violet-blue coloured flower. Herbally Pulsatilla is used to treat ovarian and testicular pain because of its analgesic and relaxing properties. Homoeopathically, the person best suited to Pulsatilla is prone to weepiness, likes to be fussed over and enjoys being comforted. It is especially suited to children or sensitive adults in this particular regard. Changeability is another key element of the Pulsatilla remedy picture. This may occur where the physical symptoms constantly change position and location or alter in intensity. The Pulsatilla type person may experience changes in moods and emotions. Conditions such as hay fever and sinusitis respond well to homeopathic Pulsatilla especially when the nasal discharge is thick, bland and yellow-green in colour. The Pulsatilla person has an aversion to fatty or greasy foods. Pulsatilla is a safe and effective remedy for a range of childhood complaints.